Infertility and Pregnancy/Adoption Loss Support Resources

**Infertility Support Group**
Day/Times: Vary depending on location in Minnesota  
Details: Different focus depending on location and what the group decides to discuss.  
Contact: [http://www.resolve.org/support-and-services/support-group/minnesota-support-groups.html](http://www.resolve.org/support-and-services/support-group/minnesota-support-groups.html)

**Hearts like Hannah**
Day/Times: We meet once a quarter for encouragement and support  
Details: Whether you have been struggling with infertility for one month or fifteen years, you can find help at this support group.  
Contact: Stephanie Fisher  
Christ Community Church Rochester, MN (507) 282-5569  
or [heartslikehannah@cccrochester.org](mailto:heartslikehannah@cccrochester.org)  
Main website: [http://cccrochester.org/631566.ihtml](http://cccrochester.org/631566.ihtml)

**Patiently Waiting**
Day/Time: Meets the First and Third Tuesday of each Month at 7 p.m., in Blaine.  
Details: To provide compassionate support in a safe Christian environment for individuals and couples through their infertility and/or adoption journey.  
Contact: Kari Nokken: [kari@patientlywaiting.org](mailto:kari@patientlywaiting.org)  
Tom Jensen: [ashley@patientlywaiting.org](mailto:ashley@patientlywaiting.org)  
Web Site: [http://step.bethany.org/A55798/bethanyWWW.nsf/0/6F8F4A26EA427AE985256D63006847C1#Maryland](http://step.bethany.org/A55798/bethanyWWW.nsf/0/6F8F4A26EA427AE985256D63006847C1#Maryland)

**Hanna’s Circle**
Day/Times: Meets the third Thursday of every month in Andover, Minnesota  
Details: “You are invited to come and be supported in prayer by a small group of Christians who have “been there” and who are interested in holding up your requests to the Lord.”  
Contact: Email Jan at [hannahscircle@mac.com](mailto:hannahscircle@mac.com) for more information.

**Infertility & Pregnancy Loss Support Group**
Day/Time: Ongoing, First Thursday of each month, 7:00–8:30 p.m.  
St. Michael’s Lutheran Church  
9201 Normandale Blvd  
Bloomington MN 55437  
Details: “Whether your experience is of not being able to get pregnant or of the grief and despair over the loss of an unborn child, infertility is a painstaking journey that can leave you feeling broken and empty. Those who are unable to become pregnant (whether with first or subsequent children), have experienced or are considering fertility treatment, have
had pregnancy loss through miscarriage or stillbirth, or who have a friend or family member experiencing infertility are welcome to attend this Door2Hope Support Group."
Contact: Ann— 952-230-2019

**Online Christian Infertility Resources**
Days/Times: Available online 24 hours a day/7 days a week
Details: Christian website providing articles, books, and links to other websites about infertility and adoption.
Contact: [http://www.perspectivespress.com](http://www.perspectivespress.com)

**Growing Through Loss**
Details: The Twin Cities' North Suburban Grief Support Coalition sponsors the "Growing Through Loss" series twice yearly, providing an opportunity for individuals to obtain information and support for a variety of loss and grief issues.
Phone: 763-755-5335.
Web Site: [http://growingthroughloss.org/](http://growingthroughloss.org/)

**A Place to Remember**
*Phone: (800) 631-0973*
*http://www.aplacetoremember.com/*
Uplifting support materials and resources for those who have been touched by a crisis in pregnancy or the death of a baby.

**Propel Ministries; An adoption/foster care support and advocacy network**
Email: denmistinw@usfamily.net, gbraly@newhopechurchmn.org, or reisnews@msn.com
Propel offers a solid network of support throughout the process of adoption and foster care. Families are more effective when they join together through the ups and downs of this process.

**Infertility Books**
*Adopting After Infertility* by Patricia Irwin Johnston
*Childless is not Less* by Vicky Love
*Dear God, Why Can't We have a Baby?* by John and Sylvia Van Regenmorter and Joe S. Mcllhaney Jr.
*Empty Womb, Aching Heart : Hope and Help for Those Struggling With Infertility* by [Marlo M. Schalesky](http://www.marloeschalesky.com/)
*Infertility: A Guide for the Childless Couple* by Barbara Eck Menning
*Hannah’s Hope: Seeking God’s Heart in the Midst of Infertility, Miscarriage, and Adoption Loss* by Jennifer Saake
Sweet Grapes: How to stop being infertile and start living again by Jean W. Carter and Michael Carter
The Ache for a Child by Debra Bridwell
The Belated Baby: A Guide to Parenting After Infertility by Kelly James-Enger and Jill S. Browning
The Empty Picture Frame: An Inconceivable Journey Through Infertility by Jenna and Mike Nadeau
When Empty Arms Become a Heavy Burden: Encouragement for Couples Facing Infertility
by Sandra Glahn, William Cutrer
When the Cradle is Empty: Answering Tough Questions About Infertility by John and Sylvia Van Regenmorter

Please note that New Life Family Services has not reviewed every publication on this resource list. It is also not a comprehensive list of all the available infertility-related resources. This list is given as a tool for you and your family to use your own judgment and discretion in finding resources.