



Infertility Support Resources

Infertility Support Group

Day/Times: Vary depending on location in Minnesota

Details: Different focus depending on location and what the group decides to discuss.

Contact: <http://resolve.org>

Faith-based Infertility Support Group

Day/Times: Varies by location (Tuesday in Lino Lakes, and changes days in Rochester)

Details: Purpose of the groups is to provide compassionate support in a safe Christian environment for couples through their infertility and/or adoption journey.

Contact: Lino Lakes: Chrystal Lindell at thelindells@wdoemail.com or
Kari Nokken at eknokken@usfamily.net

Rochester: Christ Community Church (507) 282-5569 or
heartslikehannah@cccrochester.org

Main website: <http://bethany.org/step>

Online Infertility Support Blog

Day/Times: Available 24 hours a day/7 days a week

Details: Find a discussion forum or blog to join, or launch your own, to offer and receive infertility support with others who are on this similar journey.

Contact: <http://www.theafa.org>

Online Infertility and Adoption Support Groups

Days/Times: Available 24 hours a day/7 days a week

Details: Online infertility information including resources, support groups and much more.

Contact: <http://www.ihr.com/infertility>

Online Infertility Blogs and Chat Rooms

Days/Times: Available 24 hours a day/ 7 days a week

Details: Find an online blog or chat room to share your thoughts and feelings with others going through infertility.

Contact: <http://www.fertilethoughts.com>

Infertility Clinic

Days/Times: Monday-Friday; Times vary; Call for an appointment

Details: Minneapolis clinic that uses acupuncture and Chinese herbal medicine to help with infertility or to help cope with loss.

Contact: <http://www.lifehealinglife.com>

Infertility Support Resources, cont.

Online Information from Mayo Clinic

Day/Times: Available online 24 hours a day/7 days a week

Details: Provides infertility information including risk factors, treatments, coping and support.

Contact: <http://www.mayoclinic.com/health/infertility>

Online Christian Infertility Resources

Days/Times: Available online 24 hours a day/7 days a week

Details: Christian website providing articles, books, and links to other websites about infertility and adoption.

Contact: <http://www.perspectivespress.com>